

CEGIN SYMUDOL FFOADURIAID



REFUGEE MOBILE KITCHEN

SAWRUS | SAVOURY

PARSEL FFALAFFEL (F) | FALAFEL WRAP (Vg) £6

Ffalaffel â thri sbeis; salad *fattoush* siarp; saws *tahini* llawn cnau a bara fflat cartref.

ALERGENAU: SESAME, SOIA/CODLYSIAU, GLWTEN, CNAU COED

Three spiced falafel; tangy *fattoush* salad; nutty *tahini* sauce & homemade flatbread.

ALLERGEN: SESAME, SOYA/LEGUMES, GLUTEN, TREE NUTS

PASTAI ALBANIAIDD (F) | ALBANIAN PIE (Vg) £7

Sbigoglys, reis a winwns wedi'u carameleiddio; wedi'i lapio mewn crwst ffilo crensiog, a'i weini gyda salad bresych ffres.

ALERGEN : GLWTEN

Spinach, rice & caramelized onion; wrapped in crispy filo pastry, served with fresh slaw.

ALLERGEN: GLUTEN

PASTAI ALBANIAIDD (LI) | ALBANIAN PIE (V) £7

Sbigoglys a chaws ffeta; wedi'i lapio mewn crwst ffilo crensiog, a'i weini gyda salad bresych ffres.

ALERGENAU: GLWTEN, WY, CYNNYRCH LLAETH

Spinach & feta, wrapped in crispy filo pastry, served with fresh slaw.

ALLERGEN: GLUTEN, EGG, DAIRY

PELI CIG SWDANAIDD | SUDANESE MEATBALLS £8

Peli cig oen sbeislyd mewn saws iogwrt a thomato siarp; reis wedi'i ffrio â llysiau a salad *fattoush* sawrus

ALERGENAU: GLWTEN, CYNNYRCH LLAETH

Spiced lamb meatballs in a tangy tomato and yoghurt sauce; vegetable fried rice & tangy *fattoush* salad.

ALLERGEN: GLUTEN, DAIRY

MELYS | SWEET

BASBOUSA £3

Pobi cacen semolina, ac arnynt cnau coco ac almonau wedi'u tostio, socian mewn surop sinamon.

ALERGENAU: GLWTEN, LLAETH, CNAU COED

Baked semolina cake, topped with toasted coconut and almonds, soaked in a cinnamon syrup.

ALLERGEN: GLUTEN, DAIRY, TREE NUTS

DIODYDD | DRINKS

LEMONÊD HIBISCWS | HIBISCUS LEMONADE £2

Lemonêd blodyn hibiscws adfywiol o siarp gyda mymryn o fintys.

A refreshingly tangy hibiscus flower lemonade with a hint of mint.

TE IRAN | IRANIAN TEA £2

Te du infused gyda leim sych a cardamom.

Black tea infused with dried limes and cardamom.

COFFI ERITREIDD | ERITREAN COFFEE £2

Rhost ffres a daear choffi du, wedi'i addurno gyda sinsir sych sbeislyd.

Freshly roast and ground black coffee, laced with spicy dried ginger.

OB DYSGLAU CAEL EU GWNEUD Â'R GWYLIADWRAETH FWYAF WRTH ATAL CROSS HALOGIAD, FODD BYNNAG WE CAN NI 100% GWARANT EIN PRYDAU YN LLWYR HALOGIAD DDIM. OS GWELWCH YN DDA OFYN I GYDWEITHIWR OS YDYCH YN ANSICR .

ALL DISHES ARE MADE WITH THE GREATEST VIGILANCE WHEN PREVENTING CROSS CONTAMINATION, HOWEVER WE CANNOT 100% GUARANTEE OUR DISHES ARE COMPLETELY CONTAMINATION FREE. PLEASE ASK A COLLEAGUE IF YOU ARE UNSURE.