

Filming at home - guidelines

Here are some guidelines to help you feel more confident when filming at home.

CHOOSING YOUR LOCATION

- **Where?** Plan in advance where you will be filming.
- **Background check.** Make sure you have an appropriate background. If a clean backdrop is required, try and film with a plain wall behind you. If you are filming in a natural setting ensure there is no inappropriate items or sensitive information around you, and that the space is relatively tidy so that it isn't distracting to the viewer.
- **Noise.** Try and make sure that there is no surrounding noise. Turn off the tv/radio, close the windows, and make sure no one is talking or moving around in the same room you are filming in. If you are outdoors be mindful that the natural environment might be picked up on the mic such as passing traffic or even the wind / rain.

SETTING UP

- **Battery.** Make sure the phone/camera you will be using has enough battery and memory.
- **Film quality.** If possible, please turn your settings to HD or the highest quality filming you can, if you are producing something to be edited and go in the public domain.
- **Everything to hand.** Make sure you have everything you need in reach before filming. That way you won't have to stop filming or leave the video running to grab something you've forgotten.

- **Lighting.** We want to see you in the best light possible and you can do that by facing the sun or a light source, and make sure you don't have the light behind you. Do look through the lens/screen of the camera/phone to check that you are lit enough before filming. If you are over or under exposed, you may need to move around the space to find better lighting.
- **Film landscape.** Unless requested otherwise for a specific reason please make sure you film in landscape, either on your phone or camera.
- **Framing.** Make sure you can see yourself clearly in the camera/phone and that you aren't too far away from the lens. If you are filming on your phone it's best to use the front camera so you can see what you're doing.
- **Stability.** If possible, have your filming device on a table or stable surface so that the camera doesn't shake as you're filming.
- **Angle.** Try and get the camera/phone level with your face from wherever the camera/phone is positioned.
- **Volume and clarity.** Depending on how far away you are from your device you may need to do a test run and see how loud you need to speak to be heard clearly. Also, do make sure your words are clear so that we can hear you.

... AND ACTION

- **Smile and relax!**
- **Are you happy?** If you think you're happy with what you have just filmed, watch it back, check that you can hear and see yourself clearly and there is nothing distracting in the background.

SENDING YOUR VIDEO

Please send your video recordings to youngcompany@wno.org.uk. In your message, please include your full name and voice type as they appear on the application form.